

spa etiquette

How far in advance should I call for an appointment?

Please try to make appointments at least one week in advance, so that your choice of time and technician can be honored more easily.

May I reschedule a Salon/Spa reservation?

We hope you do not have to cancel. To avoid charges, please honor our 24-hour notice cancellation policy and one week group notice cancellation policy.

This will allow us time to fill your time slot.

When should I arrive?

Please arrive 20 minutes prior to your service. Late arrivals may not receive an extension of scheduled treatments, so as not to inconvenience other spa guests.

What should I wear?

Spa robe and slippers will be provided for clients receiving multiple services or upon request.

You will be asked to disrobe to your comfort level.

Our professional staff maintains discrete draping techniques to promote your privacy.

May I use my cell phone while in The Spa?

In consideration of our other guests, please refrain from cell phone use and keep phone or pager on silent.

What should I do with my valuables?

Leave valuables at home for safety.

Eagle Rock cannot assume responsibility or liability for lost or damaged items.

Can my children receive services?

Children under the age of 18 must be accompanied by an adult in all massage services.

Are gratuities included in the prices listed?

Gratuities are not included in price lists.

A gratuity of 18% will be added at time of check out.

What should I do if I have questions or concerns?

We invite you to discuss any questions or concerns with your therapist or technician before your service begins. Your comfort is our primary goal. Please let us know if you are uncomfortable with the room temperature and/or massage pressure.

Close your eyes and allow your mind and body to indulge in the true spa experience.

SPA INFORMATION

Gift cards are available for purchase at the front desk. We invite you to customize your own spa day. We accept Visa, MasterCard, Discover, American Express and personal checks.

For your convenience, you may also charge spa services and products to your hotel account.

An 18% Gratuity will be added to all services.

Prices do not reflect property owner discount.

Prices and services are subject to change without notice. All times are approximate.

nail and foot

Traditional Manicure and Pedicure services include nail shaping, cuticle care, hand/foot massage and polish.

Natural Nail

Classic Manicure \$25.00 Classic Pedicure \$35.00

Customized services are an extension of our traditional services, including personalized aromas, hydrating masque, and hand & arm / foot & leg massage.

Custom Manicure \$35.00 Custom Pedicure \$55.00

Sports Manicure \$20.00 Sports Pedicure \$25.00
(Sports services do not include color polish.)

Eagle Rock Hot Stone Pedicure

A wonderful experience for the ultimate in foot relaxation.

Soak in an aromatic bath of essential oils and have your feet caressed with hot stones. Shaping, cuticle care and polish. \$70.00

Polish Change \$10.00

Add On Nail Service:

French Manicure or Pedicure \$10.00

OPI Gel Polish \$12.00

Gel Polish Removal \$8.00

Paraffin Dip \$12.00

waxing

Lip	\$14
Brow	\$14
Chin	\$14
Bikini	\$30
Underarm	\$20
Forearm	\$20
1/2 Leg	\$35
Full Leg	\$50
Full Leg & Bikini	\$70
Back	\$50
Chest	\$50

massages

Swedish - 25 min. \$45 | 55 min. \$70

Enjoy a gentle, relaxing massage which reduces muscular tension, increases circulation and promotes overall well-being.

Maternity - 55 min. \$75

Every mother-to-be deserves to be nurtured. This massage incorporates relaxing strokes and specially designed cushions for optimum comfort.

Please consult your physician before scheduling your appointment.

Deep Tissue - 55 min. \$85

A therapeutic technique that targets specific muscle groups to release tightness and stress. Using moderate to deep pressure, your therapist will customize the massage to address your muscular needs.

Aromatherapy - 55 min. \$75

This soothing treatment infuses pure plant extracts of your choice with a full body massage.

Sports - 25 min. \$50

A deep tissue massage focusing on specific areas of tension.

This massage increases circulation and range of motion. The perfect gift for any sportsman.

Eagle Hot Stone - 80 min. \$105

Feel all your troubles melt away as you are massaged with warm Basalt stones infused with lavender. With every stroke, you will drift deeper into relaxation.

Not recommended for women who are expecting.

Peppermint Foot Relief - 20 min. \$35

Treat your feet after a long day of golfing, skiing or exploring Eagle Rock.

Your tired feet will be soothed in a warm foot soak of peppermint and sea salts before a rejuvenating foot massage.

Seated Massage - 20 min. \$30

A great way to begin or end your day in the Blue Mountains.

This mini massage is a quick fix to any muscular tension.

Reflexology Footwork - 25 min. \$55

Increase circulation and achieve a feeling of total well being by stimulating acupressure points on the feet that correspond with energy channels linked to all parts of the body.

Add on massage service:

Reflexology can be added on to any massage service for \$40.00

body treatments

For maximum comfort, do not shave on the day of your spa body treatment.

Salt Glow - 45 min. \$50

An exfoliating treatment using mineral-rich Dead Sea salts.

Warm towels are used to soothe and remove the salts.

This treatment is completed with a relaxing massage to re-hydrate the new skin.

Body Polish - 45 min. \$50

Exfoliate and renew the skin with foaming body polish.

This full body treatment will leave your skin feeling smooth and refreshed.

Bacial - 50 min. \$55

Beautify and smooth your back with this cleansing treatment which includes deep cleansing, exfoliation and moisturizing for the back and shoulders.

Moisturizing Milk and Honey Body Wrap - 70 min. \$100

Skin is gently exfoliated with a full body Salt scrub, immediately followed by an infused Milk and Honey mud wrap. Completed with nourishing body butter applied to moisturize and balance the skin.

Detoxifying Mud Wrap - 70 min. \$100

Draw out the impurities and try our detoxifying mud wrap. First, receive a full body Salt scrub to exfoliate the skin. Then we will wrap you in our scented mud wrap with a detox.

Eagle Rock Renewal - 80 min. \$130

Head to toe pampering. This journey begins with a trip to the aroma bar, where you select an aroma to be infused throughout the service.

Your skin will be cleansed, exfoliated, toned and hydrated. A stress relieving foot and scalp massage will soothe you as a customized masque is reviving the skin.

Back Therapy - 55 min. \$85

Exfoliation, relaxation & moisturize! This Back Treatment begins with a Salt scrub to exfoliate the back. Followed by a relaxing back massage, hydrating paraffin and body butter application. Leaving you with soft supple skin.

facials

The Dermalogica Skin Treatment Facial 30 minutes \$45.00 / 60 minutes \$70.00

Say goodbye to outdated cookie-cutter treatments! The Dermalogica Skin Treatment is designed to address your specific concerns and meet your exact skin needs as a result of a personalized Face Mapping® skin analysis. From double cleansing, exfoliation, pressure point massage, personalized masque and sun protection, this treatment takes your skin to its optimal best. Dermalogica's extensive professional strength products allow for customization unique only to you, including exclusive touch techniques and advanced technology – you will experience a thorough and expertly given skin treatment like no other!

Age Smart Treatment - 75 minutes \$85.00

Are the signs of aging becoming more prevalent on your skin? Give it a revitalizing power boost with this treatment designed to nourish, regenerate and energize skin! Potent vitamin and hydroxy acid exfoliation resurfaces and retexturizes skin while restructuring massage techniques release tension in the facial muscles for the ultimate in skin therapy for prematurely-aging, mature or devitalized skin. Firmer, smoother, revived skin you'll love is yours with this amazing treatment.

Medi Bac Treatment - 75 minutes \$85.00

It's the end of the line for adult acne with this new powerful treatment that jump-starts acne clearing and helps prevent acne well beyond the treatment. We'll start with a thorough deep cleansing, followed by professional exfoliation to remove pore-clogging skin cells and extractions to help clear current breakouts without spreading acne-causing bacteria. The application of our soothing professional masque detoxifies skin while calming irritation and redness, and oil-free hydration and solar defense help hydrate and control excess surface oil.

UltraCalming™ Treatment - 60 minutes \$85.00

Red, itching, burning skin – don't conceal it. Control it! The Dermalogica UltraCalming™ Treatment is serious relief for sensitized skin that calms, soothes and replenishes the most aggravated, irritated, inflamed skin. By targeting the triggers behind redness, itching and stinging, this treatment will help recover skin health for long-term relief from flare-ups.

MicroZone® Treatments - 20 minutes \$30.00

Add on to any Dermalogica Facial for only \$25.00!

Bothersome breakouts? Tired eyes? Dull skin? Visit us for your MicroZone® Treatment – the 20-minute skin fix that gets you in, gets skin repaired and gets you out the door in a snap! Our expert skin therapists and amazing products will provide the solution on the spot in just 20 minutes with treatments like flash exfoliation (great for shaping up before events), extractions and even eye revitalization (perfect after long travels). That means no changing out of your clothes, no fuss and big results! We'll even show you step-by-step how to identify your concerns and treat them effectively at home to maintain results. Make an appointment when you're in need of some skin health attention in a minimal amount of time.

microzone treatments

Flash Exfoliation

Resurface, renew and brighten with this maximum strength exfoliation treatment! Hydroxy acids and retinol lift away dull surface cells while a nourishing cocktail of vitamins, peptides and botanical extracts help reverse visible signs of aging, revealing healthy, glowing skin.

Eye Rescue

Treat multiple eye area concerns like dark circles, puffiness, wrinkles, loss of volume and firmness with this advanced peptide eye treatment designed to gently exfoliate, rehydrate, smooth lines and boost new collagen while improving overall firmness and tone.

Lip Renewal

This supreme lip conditioning treatment smoothes away flaky damaged skin that can result from lip makeup and the environment. By infusing firming peptides and repairing vitamins into the perioral area, it restores the delicate lip tissue back to optimum health while smoothing fine feather lines and erasing the signs of aging.

AGE repair

Revitalize and energize while fighting visible signs of aging with this restorative treatment. See immediate results when the skin is intensely exfoliated and treated with Dermalogica's AGE Smart® products that pack the skin with nutrients and peptides to fortify protect and restore skin back to its healthiest state.

Moisture Boost

Rehydrate and replenish dry, uncomfortably tight, thirsty skin.

This deeply penetrating moisture surge treatment lifts away dulling skin debris to reveal plump new cells and helps to soften surface lines. Discover a revived, dewy, fresh face in a snap, this treatment is perfect for tired and travel weary skin!

Blackhead Relief

Want that super clean skin feeling? This deep cleansing, purifying treatment helps clear away blackheads, stubborn bumps and under surface congestion. Banishing any future breakouts but gaining clean, clear, smooth skin.

Oil Control

Take control of greasy shine and clean away dirt and debris with this purifying, texture smoothing treatment. Perfect for priming skin before a special event as skin will stay matte and refreshed all day.

Men's Skin Fitness

Shaving challenges and skin woes getting you down? This rapid treatment cleans deep, repairs and calms while tackling all your shave related skin issues. Get skin and shaving tips together with great looking skin in just a snap.

Skin Soothing

Quickly relieve redness, irritation and inflammation with this soothing, cooling treatment for sensitive skin.

hair and specialized styling

Shampoo & Style starting at \$20.00
Gentlemen's Cut & Style starting at \$20.00
Women's Cut & Style starting at \$32.00
Child's Cut & Style (age 10 & Under) starting at \$14.00
Special Occasion Styling (Up Do) starting at \$45.00
(Please ask for detailed Up Do pricing)

Color Services

Single Process Color starting at \$50.00
Double Process Color starting at \$60.00
Corrective Color starting at \$75.00

Highlighting Services

Partial Foils starting at \$45.00
Full Foils starting at \$55.00
Texture Perms starting at \$60.00
Scalp Treatment & Shampoo \$25.00
(Blow Dry & Style is additional \$20.00 to Scalp Treatment)

Add On to any Hair Service

Scalp Treatment \$ 20.00
Cut & Style \$18.00

spa packages

Hot Stone Escape

Hot Stone Massage, Hot Stone Facial and Hot Stone Pedicure! Absolute heaven! Indulge into a world of penetrating hot stones from head to toe. Escape with the utmost in relaxing massage, and then continue with the stones caressing your face. Finally, step into a tub of aroma filled water and enjoy a pedicure with the Hot Stones.
3 Hours \$235.00

Sportsman Delight

Sports Massage, 60 min Dermalogica Facial,
Citrus Hand Treatment or Peppermint Foot Treatment
2 Hours \$150.00

Day Opener

25 min Swedish massage, 30 min Dermalogica Facial, Classic Manicure,
Classic Pedicure & Paraffin Dip for hands or feet.
2 Hours \$160.00

Soul to Sole

55 min Swedish massage, 60 min Dermalogica Facial,
Customized Manicure, Customized Pedicure and Paraffin Dip
4 Hours \$240.00

Mother to Be

Maternity Massage, 30 min Dermalogica Facial, Classic Pedicure
2 Hours \$145.00

A New You

Salt Glow or Body Polish with personalized aromatherapy, 60 min. Dermalogica Facial
2 Hours \$120.00